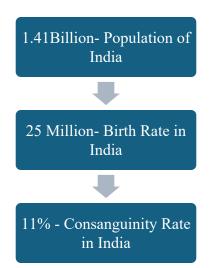


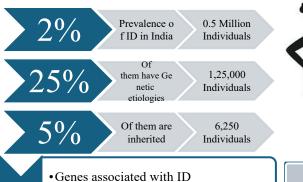
# INTELLECTUAL DISABILITY- FROM AWARENESS TO ACTION

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Intellectual Disability (ID) is a complex disorder affecting 1-3% of the world, with a wide range of etiologies encompassing both genetic and environmental factors. Studies have shown that early diagnosis and intervention lead to more effective & targeted treatment. Since most of the syndromic IDs follow autosomal recessive inheritance, Indians are at more risk of inheriting them due to high rate of consanguinity.





• Treatable conditions with ID

Rare disease patients

Conditions included in National Policy for

Rare Diseases, NPRD, 2021 for treatment of

Mandatory prenatal and Newborn screening ensures no child with intellectual disabilities goes undiagnosed, preventing transmission to the next generation.

# 5 Autosomal Dominant 116 Autosomal Recessive 10 X linked 14 Mitochondrial

## **Early Clinical Signs**

#### (0-1year)

- Feeding difficulty
- Poor muscle tone
- Developmental delay
- Limited response to stimuli

#### (1-3 years)

- Delayed cognition & motor skills
- Speech & language delay
- Issues with social interaction

#### (3-5 years)

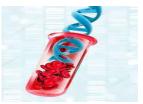
- Learning difficulties
- Issues with attention & focus
- Social & emotional delay
- Self-care challenges

## Plan: A Focused Sequencing Panel targeting Treatable IDs to analyze varied genetic etiologies in one test





122











Rashtriya Bal Swasthya Karyakram (RBSK)

launched in 2013 for early identification of

disorders & intervention in children upto 18 years

of age, has set up 367 District Early Intervention





Centers (DEICs).